



AFTERCARE CHECKLIST AND TIMELINE (SEX TRAFFICKING)

Rescue / Emergency Assistance (0-2 weeks)

STAGE	TASK	TIMEFRAME
Pre-Rescue	Aftercare Self-Care kit	24 hours Before Rescue
	First Aid Kit	24 hours Before Rescue
Rescue	Emergency medical care (including physical and mental health)	Immediately
	Safety and security including complete separation from perpetrator	Immediately
	Counselling regarding rescue process, and next steps by female social worker in a language understood by survivor. Reduce possible trauma during rescue	Immediately
	Collection of personal belongings	Immediately
	Provision of emergency necessities – food, drink, personal hygiene, clothing	Immediately
Post Rescue	Accompany survivor throughout entire process (to police station and shelter home etc.)	Immediately
	Encourage rescued girl to boldly share her statement to the police	Immediately
	Survivor is handed over to protective home and counselled about her stay in protective custody and that she has been kept there for her safety and well-being	Immediately
	Survivor is presented before the CWC (in case of minor) or judicial magistrate (in case of major)	Within 24 hours
	Meet the survivor at the shelter home for update and support	Within 24-48 hours
	Collect the relevant facts with regards to the survivor's family and initiates tracing and investigation of family	Within 24-48 hours
	Professional Counsellors meet the survivor and develops individualised counselling plan	Within 24-48 hours
	Accompany survivor for comprehensive medical test	Within 24-48 hours

Transitional Aftercare (1-2 months)

STAGE	TASK	TIMEFRAME
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Determining Long Term plan in the best interests of the survivor	Home Study completed	Within 14 days
	Prepare and support survivor to give 164 statement	Within 14 days
	Support survivor to have medical screening conducted (TB, HIV etc.)	Within 14 days
	Obtain CWC/Judicial Magistrate order for placement in shelter home in home district or return to family home	Within 1 month
	Rehabilitation plan drafted in collaboration with survivor and aftercare team based on Home Study and CWC/Judicial Magistrate recommendation	Within 1 month
	Prepare and support survivor for placement in long term aftercare home or return to family home	Within 2 months

Long Term Aftercare (2-12 months)

If the survivor is placed in an Aftercare Home

Ongoing Monitoring	Ensure and monitor professional trauma counselling		Monthly
	Ensure and monitor ongoing medical care if needed		Monthly
	Ensure and monitor education or livelihood activities		Monthly
Legal	Prepare and support survivor during legal obligations before, during and after the trial		As needed
Government Entitlements	Support survivor to apply for all social welfare benefits and documentation entitlements (if not being done by the home)		As needed
	<ul style="list-style-type: none"> Bank account Ration card Compensation Entitlement 	<ul style="list-style-type: none"> Caste Certificate Voters ID Pensions if relevant Any others 	
Reporting	Review and update rehabilitation plan and provide case updates Record and file all case documentation Update case tracking sheet		Monthly

If the survivor is returned to family home

Ongoing Counselling	Counselling by a person with ongoing relationship including: <ul style="list-style-type: none"> Dealing with stigma/discrimination Identifying risky situations (marriage, job promises, contact with perpetrators) 	Within 1 month and ongoing
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	<ul style="list-style-type: none">• Safety plans• Importance of keeping aftercare provider informed about encounters with perpetrators• Personal goals and dreams• Healthy relationships• Family planning• Health & Hygiene – including nutrition, government health facilities and right to access public health care• Budgeting, Savings and insurance	
	Counselling by Psychological Professional including: <ul style="list-style-type: none">• Dealing with trauma• Personal wholeness and welling being• Unhealthy coping strategies• Self-protection and resilience	Within 1 month and ongoing
Legal	Prepare and support survivor during legal obligations before, during and after the trail	As needed
Government Entitlements	Support survivor to apply for all social welfare benefits and documentation entitlements as applicable including:	Apply within 2 months
	<table><tr><td><ul style="list-style-type: none">• Bank account• Ration card• Compensation Entitlement</td><td><ul style="list-style-type: none">• Caste Certificate• Voters ID• Pensions if relevant• Any others</td></tr></table>	
<ul style="list-style-type: none">• Bank account• Ration card• Compensation Entitlement	<ul style="list-style-type: none">• Caste Certificate• Voters ID• Pensions if relevant• Any others	
Economic Empowerment / Education	Facilitate school enrolment	Within 2 months
	Facilitate livelihood training or employment	Within 2 months
	Monitor attendance/success of education or livelihood activities	Monthly
Reporting	Review and update rehabilitation plan and provide case updates Record and file all case documentation Update case tracking sheet	Monthly

Graduation and Case Closing (after 12 months – 2yrs)

STAGE	TASK	TIMEFRAME
Mid Term Review	Professional Psychological assessment <ul style="list-style-type: none"> • Review and update rehabilitation plan 	After 1 year

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	Leadership Training/Mentoring (if appropriate and the survivor is willing)	After 1 year
Closure after 2 years of aftercare	Professional Psychological assessment <ul style="list-style-type: none">• Review and update/close rehabilitation plan (if survivor is ready).	After 2 years
	Volunteer Leadership Position (if appropriate and the survivor is willing)	After 2 years